

| | | | |
|------------|--------------|----------------------------|--------|
| Christina | Junghans | Sao Paulo Shambhala Center | Brazil |
| Andy | Noel | Dorje Denma Ling | Canada |
| Ron | Renz | Dorje Denma Ling | Canada |
| Lee | Shane | Dorje Denma Ling | Canada |
| Margaret | Callahan | Gampo Abbey | Canada |
| Brian | Callahan | Gampo Abbey | Canada |
| Dawa | ChÃ¶tso | Gampo Abbey | Canada |
| Daniel | Collins | Gampo Abbey | Canada |
| Karma | Jingpo | Gampo Abbey | Canada |
| Lodro | Palmo | Gampo Abbey | Canada |
| Ann | Shaftel | Halifax - None? | Canada |
| Barbara | Badessi | Halifax Shambhala Center | Canada |
| Geoff | Crinean | Halifax Shambhala Center | Canada |
| Andrea | Doukas | Halifax Shambhala Center | Canada |
| Dianna | Fortnum | Halifax Shambhala Center | Canada |
| Tim | Goetsch | Halifax Shambhala Center | Canada |
| Richard | John | Halifax Shambhala Center | Canada |
| Carol | Johnstone | Halifax Shambhala Center | Canada |
| Sara | Levinson | Halifax Shambhala Center | Canada |
| Carolyn | Mandelker | Halifax Shambhala Center | Canada |
| Steve | Mustain | Halifax Shambhala Center | Canada |
| Bonnie | Rabin | Halifax Shambhala Center | Canada |
| David | Sable | Halifax Shambhala Center | Canada |
| Rhiannon | Wells | Halifax Shambhala Center | Canada |
| Lely | Abud | Halifax Shambhala Centre | Canada |
| Pam | Gaines | Halifax Shambhala Centre | Canada |
| Cynde | Grieve | Halifax Shambhala Centre | Canada |
| Alice | Haspray | Halifax Shambhala Centre | Canada |
| Bob | Hastey | Halifax Shambhala Centre | Canada |
| Rebecca | Hazell | Halifax Shambhala Centre | Canada |
| Sharon | Hoagland | Halifax Shambhala Centre | Canada |
| James | Hoagland | Halifax Shambhala Centre | Canada |
| Marty | Janowitz | Halifax Shambhala Centre | Canada |
| Wendy | Layton | Halifax Shambhala Centre | Canada |
| Dan | Montgomery | Halifax Shambhala Centre | Canada |
| Vajradhatu | Publications | Halifax Shambhala Centre | Canada |
| Terry | Rudderham | Halifax Shambhala Centre | Canada |
| Madeline | Schreiber | Halifax Shambhala Centre | Canada |
| Jill | Scott | Halifax Shambhala Centre | Canada |
| Susan | Skjei | Halifax Shambhala Centre | Canada |
| Shambhala | Sun | Halifax Shambhala Centre | Canada |
| Mark | Szpakowski | Halifax Shambhala Centre | Canada |
| David | Wimberly | Halifax Shambhala Centre | Canada |
| Gregg | Clause | Milk Lake | Canada |
| Victoria | Bell | Montreal Shambhala Center | Canada |
| Elizabeth | Hazell | Montreal Shambhala Center | Canada |
| Louis | Kirouac | Montreal Shambhala Center | Canada |
| Henry | Chapin | Ottawa Shambhala Center | Canada |
| Shaerab | Manoukian | Ottawa Shambhala Center | Canada |

| | | | |
|-----------|-----------------|--------------------------------------|---------------|
| Nancy | Castlebury | Pembroke Shore Shambhala Group | Canada |
| John | Catlebury | Pembroke Shore Shambhala Group | Canada |
| Jim | Drescher | South Shore Meditation Ctr. | Canada |
| Margaret | Drescher | South Shore Meditation Ctr. | Canada |
| Anne | MacQuarrie | South Shore Meditation Ctr. | Canada |
| Catherin | Hayward-Ziegler | St. Margaret's Bay Shambhala Center | Canada |
| Theresa | Milligan | St. Margaret's Bay Shambhala Center | Canada |
| Mabinti | Dennis | Toronto Shambhala Center | Canada |
| Debbie | McCubbin | Toronto Shambhala Center | Canada |
| Simone | Moir | Toronto Shambhala Center | Canada |
| Martin | Evans | Vancouver Shambhala Center | Canada |
| Jan | Russell | Vancouver Shambhala Center | Canada |
| Isabella | Gauvin | Victoria Shambhala Center | Canada |
| Trisch | Barbato | | Canada |
| Gilda | Aceituno | Santiago Chile | Chile |
| Ana Maria | Milan | Santiago Chile | Chile |
| Francesca | Nilo | Santiago Chile | Chile |
| Jeremy | Richardson | London | England |
| Jane | Ward | London | England |
| Richard | Reoch | | England |
| Susan | Becker | Dechen Choling | France |
| Jeremy | Hayward | Dechen Choling | France |
| patricia | Hayward | Dechen Choling | France |
| Simon | Lahaye | Dechen Choling | France |
| Irene | Waser | Cologne Shambhala Center | Germany |
| Jutta | Alberti | Marburg Shambhala Center | Germany |
| Christine | Hiegl | Marburg Shambhala Center | Germany |
| Ed | Keizer | Amsterdam | Netherlands |
| Suzan | Oudshoorn | Amsterdam | Netherlands |
| Josje | Pollmann | Amsterdam | Netherlands |
| Helen | Vink | Amsterdam Shambhala Center | Netherlands |
| Marrianne | Bots | Arnhem Shambhala Center | Netherlands |
| Tyco | van der Reijden | Leiden Shambhala Center | Netherlands |
| Harriet | Reid | Moncton Shambhala Meditation Group | New Brunswick |
| Mercedes | de Blas GÃ/mez | Madrid Shambhala Center | Spain |
| Karen | Star | Albany Shambhala Group | USA |
| Alan | Tilson | Asheville Shambhala Meditation Group | USA |
| Jane | Bishop | Atlanta Shambhala Center | USA |
| Valerie | Morvan | Atlanta Shambhala Center | USA |
| James | Soloman | Atlanta Shambhala Center | USA |
| Monica | Brown | Austin Shambhala Center | USA |
| George | Hasty | Austin Shambhala Center | USA |
| Rainey | Cortez | Baltimore Shambhala Center | USA |
| Julie | Heegaard | Baltimore Shambhala Center | USA |
| Amelia | Luna | Berkeley Shambhala Center | USA |
| Elizabeth | Kemp | Birmingham Center | USA |
| Phyllis | Mark | Birmingham Center | USA |
| Mary | Whetsel | Birmingham Center | USA |
| Joseph | Inskeep | Boston Shambhala Center | USA |

| | | | |
|-----------|----------------|-------------------------------------|-----|
| Jim | Rosen | Boston Shambhala Center | USA |
| Janet | Solyntjes | Boulder | USA |
| Karen | Wilding | Boulder | USA |
| Lea | Basch | Boulder Shambhala Center | USA |
| Jessie | Grimes | Boulder Shambhala Center | USA |
| Alex | Halpern | Boulder Shambhala Center | USA |
| Allya | Canepa | Boulder-Marpa House | USA |
| Jim | Fladmark | Boulder-Marpa House | USA |
| Charlotte | Brodie | Burlington Shambhala Center | USA |
| Alice | Dan | Chicago Shambhala Center | USA |
| mary | Fugiel | Chicago Shambhala Center | USA |
| Janet | Hasz | Chicago Shambhala Center | USA |
| Rebekka | Martorano | Davis Shambhala Center | USA |
| Linda | McHenry | Davis Shambhala Center | USA |
| Fred | Jaben | Denver Shambhala Cente | USA |
| Bruce | Robinson | DKD | USA |
| Jonathan | Barbieri | Fort Collins Shambhala Canter | USA |
| Melissa | Howell | Juneau Shambhala Center | USA |
| Dian | Martin | Juneau Shambhala Center | USA |
| Bill | Brauer | Karme Choling | USA |
| Michael | Greenleaf | Karme Choling | USA |
| Jeanine | Greenleaf | Karme Choling | USA |
| Patton | Hyman | Karme Choling | USA |
| Ella | Reznikova | Karme Choling | USA |
| Terri | Rowe | Karme Choling | USA |
| Judith | Broadus | Lexington Shambhala Center | USA |
| Lance | Brunner | Lexington Shambhala Center | USA |
| Maria | Paglialungo | Lexington Shambhala Center | USA |
| Susan | Smith Sargeant | Lexington Shambhala Center | USA |
| Marilyn | Moore | Los Angeles Shambhala Center | USA |
| Deborah | Raoult | Los Angeles Shambhala Center | USA |
| Robert | Walker | Michigan Shambhala Meditation Group | USA |
| Michael | Vater | Milwaukee Shambhala Center | USA |
| Connie | Brock | Minneapolis | USA |
| Patrick | Dallas | Minneapolis Shambhala Center | USA |
| Candlin | Dobbs | Minneapolis Shambhala Center | USA |
| Esther | Seibold | New Haven Shambhala Group | USA |
| Deborah | Garrett | New York Shambhala Center | USA |
| Babo | Harrison | New York Shambhala Center | USA |
| John | Sennhauser | New York Shambhala Center | USA |
| Arbie | Thalacker | New York Shambhala Center | USA |
| Tal | Varon | New York Shambhala Center | USA |
| Richard | Moreau | Philadelphia Shambhala Center | USA |
| Elizabeth | Hook | Pioneer Valley Shambhala Center | USA |
| Nancy | Boufard | Portland Maine Shambhala Center | USA |
| Kari | Hexem | Portland Shambhala Center | USA |
| Sonya | Salanti | Portland Shambhala Center | USA |
| Jeremy | Fields | San Antonio Shambhahla Center | USA |
| Linda | Mockeridge | San Antonio Shambhahla Center | USA |

| | | | |
|-----------|----------|-------------------------------------|-----|
| Elizabeth | Pond | San Antonio Shambhahla Center | USA |
| Seth | Bregman | San Francisco | USA |
| Ben | Hines | Seattle Shambhala Center | USA |
| Greg | Wolk | Seattle Shambhala Center | USA |
| Cynthia | Mackay | Shambhala Mountain Center | USA |
| Heather | Phillip | Shambhala Mountain Center | USA |
| Jeff | Waltcher | Shambhala Mountain Center | USA |
| Amy | Conway | Silicon Valley Shambhala Group | USA |
| Merle | Thompson | St. Johnsbury | USA |
| Gayle | Van Gils | St. Petersburg/Tampa Shambhala Grou | USA |
| Marc | Matheson | Tamalpais CA | USA |
| Chris | Montone | Washington DC Shambhala Center | USA |
| Lodro | Rinzler | Wesleyan Dharma Study Group | USA |
| Deboarah | Jones | White River Shambhala Center | USA |
| Fleet | Maul | | USA |

chris_junghans@yahoo.com.br
noelandy@yahoo.ca
rrenz@shambhala.org
denma@shambhala.org
margaret@gampoabbey.org
director@gampoabbey.org
dawachotso@gampoabbey.org
kitchen@gampoabbey.org
fredolenono@hotmail.com
ani_lodro@gampoabbey.org

bbadessi@shambhala.org
gcrinean@eastlink.ca
adoukas@shambhala.org
dianna.fortnum@cehha.nshealth.ca
tgoetsch@shambhala.org
rjohn@shambhala.org
cjohnstone@eastlink.ca
saralee@netcom.ca
camp@eastlink.ca
director@shambhalaschool.org
bonnie.r@ns.sympatico.ca
dsable@smu.ca
Rhiannon_Wells@yahoo.ca
labud@shambhala.org
netgaines@netgaines.com
cgrieve@shambhala.org
haspray@ns.sympatico.ca
bhastey@shambhala.org
mrhazell@ns.sympatico.ca
shoagland@shambhala.org
jhoagland@shambhala.org
mjanowitz@ns.sympatico.ca
wlayton@shambhala.org
dan@montgomeryconsulting.biz
bmoore@shambhala.org
trudderham@shambhala.org
madeline@ns.sympatico.ca
jscott@shambhala.org
sskjei@prodigy.net
editor@shambhalasun.com
szpak@eastlink.ca
davidwimberly@eastlink.ca
Milklake@Shambhala.org
Victoria.Hagens@gmail.com
kikisoso@hotmail.com
louis@creationinfo.net
henrychapin@hotmail.com
sherabvman@in-pactgroup.on.ca

ncastlebury@hotmail.com
jcastlebury@hotmail.com
jim@windhorsefarm.org
margaret@windhorsefarm.org
khandroma@earthlink.net
chayward@shambhala.org
smbosc@chebucto.ns.ca
mabintid@yahoo.ca
dmccubbin@rogers.com
cimone@sympatico.ca
martin@mrevans.com
janrussell@shaw.ca
spiritgateom@yahoo.ca
pbarbato@providence.on.ca
gaceituno@vtr.net
animilan@yahoo.com
francesca nilo f_nilo@hotmail.com
jemr@macunlimited.net
janeward@gn.apc.org
richardreoch@gn.apc.org
susanne.becker@dechencholing.org
jeremy_hayward@dechencholing.org
practice@dechencholing.org
simon_lahaye@dechencholing.org
maizza@web.de
jutta_alberti@shambhala-europe.org
christin.heigl@t-online.de
ed-mary@planet.nl
suzano@xs4all.nl
awake@euronet.nl
helenavink@worldonline.fr
m.bots@worldonline.nl
ty.reijden@planet.nl
harrietr@nbnet.nb.ca
ditasdblas@mac.com
karen@jennyholzer.com
alantilson@charter.net
janebishop@mindspring.com
valerie@atlantashambhalacenter.org
jtsolomon@aol.com
monica@hedp.org
ghasty@sbcglobal.net
craine52@aol.com
jheeg1@yahoo.com
dendrobiummm@yahoo.com
krystil723@earthlink.net
dmarsh@aol.com
mwhetsell@mindspring.com
joseph.inskeep@verizon.net

jim@summitstreet.com
janet@boulder.shambhala.org
kwilding@indra.com
basch@comcast.net
jessegrimes@earthlink.net
ahalpern@halpernllc.com
allya@indra.com
fladmark@indra.com
sandcbrodie@innevi.com
alicedan@uic.edu
mfugiel016@aol.com
hrchasz@aol.com
rmartorano@ryanfong.com
lmchenry@dcn.davis.ca.us
fjaben@nw.org
dkd@shambhala.org
jdbandassociates
melissa.howell@ccsjuneau.org
dianm@juneau.lib.ak.us
bbrauer@karmecholing.org
gomden@aol.com
gomden@aol.com
patton@mirrorpro.com
inhousetretreat@karmecholing.org
trowe@karmecholing.org
jbroadus99@aol.com
brunner@uky.edu
Mpaglialungo@aol.com
smithsargent@insightbb.com
mmoore@fullerton.edu
deborahraoult@openskymovement.com
robtwalker@aol.com
mvater1@wi.rr.com
conniebrockmn@yahoo.com
chosang@comcast.net
candlin@bitstream.net
esther.seibold@yale.edu
debgarret@aol.com
babo_harrison@attglobal.net
jsennhaus@aol.com
athalacker@shearman.com
talandmoran@yahoo.com
ricomo@mac.com
bhook_1@charter.net
bouffard@verizon.net
khexem@gmail.com
srisonya@aol.com
fields_jeremy@yahoo.de
linmock@stic.net

bpond@chezpond.com
sbregman@shambhala.org
benh1234@aol.com
gregwolk@yahoo.com
cmackay36@yahoo.com
heather@shambhalamountain.org
jwaltcher@aol.com
amy.conway@sbcglobal.net
merlet@kingcon.com
gaylevangils@yahoo.com
tigermind@earthlink.net
chris@montonet.com
prinzler@wesleyan.edu
daj@sover.net