

## 2009 Shambhala Green Commitment

Earth Day is a time to commit our Shambhala Centres to environmental sustainability. To encourage this aspiration, the Touching the Earth Working Group invites all Shambhala Centres to participate in the 2009 Shambhala Green Commitment.

To join in this collective commitment, your centre is invited to make five commitments you aim to accomplish to improve your environmental performance over the next year. These activities can be large or small and can affect any aspect of your centre, from consumption to energy efficiency to recycling and reuse. For instance, you might decide to change to eating utensils that can be reused, purchasing locally grown food, planting a vegetable garden, initiating a car pooling scheme, caulking windows, installing low intensity light bulbs, upgrading to a more energy efficient heating system, or using non-toxic cleaning supplies.

If your centre has not yet assigned a liaison to the Touching the Earth working group, this can be one of your first commitments.

The five Earth Day commitments you select should be submitted to [Touchingearth@gmail.com](mailto:Touchingearth@gmail.com).

All activities will be posted on the Touching the Earth webpage so centres around the world can learn from what others are doing. On Earth Day 2010 we will post an update from all participating centres about their success at fulfilling their the 2009 Shambhala Green Commitment. We also will invite a new series of commitments for the upcoming year.