



SHAMBHALA[®]
MEDITATION CENTER

ELECTION DAY 2008

ZONE *of* PEACE

You're invited!

Noon November 4 to Midnight November 5

Join us for 36 continuous hours of unbiased meditation and contemplative silence in the midst of election fever.

TAKE A BREAK FROM POLITICS!

from Noon November 4 to Midnight November 5

For 36 hours at the height of the 2009 US Presidential Election, the Shambhala Center will provide an open neutral space for anyone wishing to rest their mind in an atmosphere of unbiased meditation and contemplative silence and peace.

Open to everyone, regardless of affiliation, background, or beliefs.

Meditation instruction will be offered to anyone who wishes it, but there will be no denominational practices...and no politics!

Coffee, tea, and light refreshments will be served.

Shambhala Meditation Center
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