

## ABOUT THE CENTER

The Shambhala Center offers a place to practice meditation and to study Shambhala Buddhism. Everyone, of any spiritual tradition, is warmly invited to take part in meditation practice and our classes and programs in Tibetan Buddhist studies, enlightened warriorship presented in Shambhala Training, and in contemplative arts and disciplines.



The Center is affiliated with Shambhala International, a worldwide network of urban meditation and rural retreat centers, founded by the **Venerable Chögyam Trungpa**

**Rinpoche.** Trungpa Rinpoche, a lineage holder both in the Kagyü Buddhist tradition and in the Shambhala lineage, was renowned for his ability to present Buddhism in a form readily understandable to Western students.

### **Sakyong Mipham**

**Rinpoche,** Trungpa's son and dharma heir, is the current lineage holder of the Shambhala Buddhist tradition.



Your ongoing support allows us to bring teachers such as Sakyong Mipham Rinpoche and senior teachers (acharyas) to the Center on a regular basis.

In accordance with the guiding vision of Shambhala, the Center also occasionally makes its space available to individuals and local organizations and groups who support and encourage personal development and social responsibility.



**SHAMBHALA<sup>®</sup>**  
**MEDITATION CENTER**

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**SHAMBHALA<sup>®</sup>**  
**MEDITATION CENTER**  
**MEMBERSHIP**

*Take the next step  
in your support  
of meditation and  
creating enlightened  
society.*

**WASHINGTON, DC**

**I** **F YOU FEEL A CONNECTION**  
**TO** Shambhala, its teachings and community, we invite you to consider taking the next step by becoming a member of the Center. Membership involves a deeper, personal commitment to the practice and teachings of Shambhala Buddhism and to the sangha, community. Membership dues and donations are essential in keeping our Center open. As a non-profit and volunteer-based organization, we rely on your generosity to provide the foundation for sustaining the Center and its activities.

Members are expected to

- Maintain an ongoing commitment to mindfulness and awareness practice
- Volunteer to help with Center events and responsibilities
- Make regular financial contributions.

Your financial contribution supports:

- Sharing the Shambhala Buddhist teachings with others
- Maintaining and sustaining an uplifted space for meditation practice and instruction
- Outreach efforts and community projects
- Shambhala International, which supports us and the larger network of Shambhala Centers worldwide

Membership also provides a variety of benefits. See **MEMBERSHIP LEVELS** for more information.



## MEMBERSHIP LEVELS

### MEMBER:

All Members are listed in our Membership Directory, receive access to the Members section of our website, and are included on our e-mail announcement list. Members contributing \$50 or more per month may attend multi-week classes free of charge. All new members receive a complimentary introductory subscription to the *Shambhala Sun* magazine.

### GOLDEN KEY MEMBER:

Members at this level contribute \$125 or more per month to the Center. As an expression of gratitude, the Center extends to these members all of the benefits above plus a 50% pre-payment discount on selected programs.

Anyone who feels strongly connected to the Center and committed to the practice and teachings can become a member. We invite all new prospective members to communicate with the Center Director ([director@dcshambhala.org](mailto:director@dcshambhala.org)) to discuss the level of dues contributions that is best for you and the Center.

*On the whole, we should regard money as mother's milk: it nourishes us and it nourishes others. That should be our attitude to money.*

—CHÖGYAM TRUNGPA RINPOCHE

## CONTRIBUTION FORM

Dues are generally paid on a monthly basis but other arrangements can be made. Automatic withdrawal from a checking account reduces the administrative burden; please consider this option. Simply provide a blank check with "VOID" written across it. Changes may be made at any time by contacting our Center Comptroller.

I would like to make monthly contributions of:

- \$50    \$75    \$100    \$125  
 Other (please indicate) \_\_\_\_\_

I would like to make my monthly payment by automatic withdrawal. (Please enclose a blank check with "VOID" written across it.)

I would like to increase my current dues to \_\_\_\_\_. (Indicate new total recurring dues amount.)

Comments: \_\_\_\_\_

*Dues and donations are tax-deductible.*

Checks should be made out to:  
Shambhala Meditation Center

NAME(S) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

TELEPHONE: HOME \_\_\_\_\_ WORK \_\_\_\_\_

E-MAIL: \_\_\_\_\_

Mail this form back to the Center or leave it in the Center's Donation bowl.

*Your support is greatly appreciated.*